

JOHN A. WELSHOFER, M.D.

Office:

Carolina Neurosurgery and Spine Assoc.

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Charlotte, NC 28202

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(704) 376-1605

**Professional
Experience:**

Co-director Physical Medicine
Carolina Neurosurgery and Spine
November 2005

Physiatrist
Total Spine Specialists
May 2003 to November 2005

Director, Physical Medicine
The Miller Orthopaedic Clinic
Charlotte, NC, November 1996 to May 2003

Staff Physiatrist, Charlotte Institute of Rehabilitation
Charlotte, NC, July 1994 to November 1996

Medical Director, Rehab Advantage Industrial Injury Center
Charlotte, NC, July 1994 to November 1996

Medical Director, ProComp Workers
Compensation Management System
Charlotte Mecklenburg Hospital Authority
Charlotte, NC, October 1995 to November 1996

**Board
Status:**

Board Certified Physical Medicine and Rehabilitation
May 23, 1995

Board Certified Pain Management

American Board of Independent Medical Examiners
May 1996

Licensure:

State of North Carolina

July 23, 1994 (license # 94-01090)

Diplomate of the National Board of Medical Examiners, 1991

**Residency/
Internship:**

Medical College of Wisconsin
Department of Physical Medicine and Rehabilitation
Milwaukee, Wisconsin
July 1, 1990 to June 30, 1994

Education:

University of Cincinnati College of Medicine
Cincinnati, Ohio
Medical Degree: June 10, 1990

Education:

University of Dayton
Bachelor of Science, Premedicine, Magna Cum Laude
Dayton, Ohio
April 30, 1986

Positions:

Chairman North Carolina Industrial Commission
Physician Liaison Committee, 2003 to present

Participant North Carolina Medical Society
Leadership College, 2003-2004

Member North Carolina Industrial Commission
Physician Liaison Committee, 1998-2002

Chairman Orthopaedic Health Network Workers' Compensation
Committee, 1997 to 2003

Director, Musculoskeletal Research
Charlotte Institute of Rehabilitation, 1995-1996

Member Research Review Committee
Charlotte Mecklenburg Hospital Authority, 1996

Memberships:

Fellow, American Academy of Physical Medicine and
Rehabilitation
Associate, American Academy of Electrodiagnostic
Medicine
Fellow, Physiatric Association of Spine, Sports and
Occupational Medicine
International Spine Injection Society
North Carolina State Medical Society
Mecklenburg County Medical Society

Awards:

Runner-up James G. Golseth Young Investigator Award, 1994
American Association of Electrodiagnostic Medicine
National Electrodiagnostic Medicine Research Competition

Physiatric Research Enrichment Program, 1996.

University of Missouri at Columbia Research Training Program
for Psychiatrists. Ten psychiatrists chosen nationally for academic
research training in PM&R.

Randy Braddom Award, 1990

University of Cincinnati College of Medicine
Outstanding PM&R student

Grants:

Physiatric Research Training Grant, 1996
University of Missouri, Columbia
\$5,000.00

Charlotte-Mecklenburg Health Services Foundation
Research Grant, 1995
\$950.00

Research:

Park TA, **Welshofer JA**, Dzwierzynski WW, Erickson SJ, Del Toro DR:
Median “Pseudoneuropraxia” at the Wrist: Reassessment
of Palmar Stimulation of the Recurrent Median Nerve.
Archives of Physical Medicine and Rehabilitation 2001; 82(2); 190-197.

Welshofer JA, Park TA, Del Toro DR, Parks TJ, Erikson SJ:
Palmar Stimulation of the Recurrent Median Nerve: A
Reassessment. Muscle and Nerve 1994; 17(9); 1103.

Welshofer JA, Park TA, Del Toro DR, Parks TJ, Erikson SJ:
Palmar Stimulation of the Recurrent Median Nerve: A
Reassessment. Electroenceph Clin Neurophysiol 1995;
97; 19P.

Park TA, **Welshofer JA**, Del Toro DR, Parks TJ, Erikson SJ,
Dzwiersznski WW: Anatomic Dissection vs. Magnetic
Resonance Imaging for Assessment of Recurrent Median
Nerve and Deep Ulnar Nerve in the Palm. Muscle and Nerve 1994;
17 (9); 1109.

Park TA, Wertsch JJ, **Welshofer JA**: A Distal Dorsal Ulnar
Cutaneous Nerve Conduction Technique. Muscle and Nerve
1994; 17 (9); 1082.

Park TA, Wertsch JJ, **Welshofer JA**: A Distal Dorsal Ulnar
Cutaneous Nerve Conduction Technique. Electroenceph
Clin Neurophysiol 1995; 97: 5P.

Woodbury WM, **Welshofer JA**, Wertsch JJ, Park TA, Mandel JD:
Temperature Variance in Routine Nerve Conduction
Studies. Muscle and Nerve 1993; 19 (3); 1110.

Moberg-Wolff E, Hammond M, McGrath M, **Welshofer JA**, Jurisic D: Electric
Stimulation in the Treatment of Chronic Pressure Ulcers. Arch Phys Med
Rehab 1993; 74 (11);
1268

Redd J, **Welshofer JA**: Clinical repeatability of the H reflex in normal individuals.
Muscle and Nerve 1996; 19 (9); 1206.

**Platform/
Posters:**

Clinical Repeatability of the H Reflex in Normal
Individuals. American Association of Electrodiagnostic
Medicine National Meeting, Minneapolis, MN, October 1996

Palmar Stimulation of the Recurrent Median Nerve: A
Reassessment. American Association of
Electrodiagnostic Medicine National Meeting, San
Francisco, CA, October 1994

Anatomic Dissection vs. Magnetic Resonance Imaging for
Assessment of Recurrent Median Nerve and Deep Ulnar
Nerve in the Palm. American Association of
Electrodiagnostic Medicine National Meeting, San
Francisco, CA, October 1994

A Distal Dorsal Ulnar Cutaneous Nerve Conduction Technique.
American Association of Electrodiagnostic Medicine
National Meeting, San Francisco, CA, October 1994

Electric Stimulation in the Treatment of Chronic Pressure
Ulcers. AAPMR National Meeting, Miami, FL, November 1993

Temperature Variance in Routine Nerve Conduction Studies
American Association of Electrodiagnostic Medicine
National Meeting, New Orleans, LA, October 1993

Rehabilitation Issues in Systemic Calciphylaxis. AAPMR
National Meeting, San Francisco, CA, November 1993

**Additional
Training:**

Research Enrichment Program
University of Missouri at Columbia
Columbia, MO, August 1996 to June 1997

Nonoperative Spine Fellowship
Miller Orthopaedic Clinic

Charlotte, NC, June 1995 to December 1995

Spine Injection Training
Carolina Back Institute
Charleston, SC, August 1993

Research Methods Course
Medical College of Wisconsin
Milwaukee, WI, 1993 and 1994

Research Statistics Course
Charlotte Mecklenburg Hospital Authority
Charlotte, NC, 1995

Personal: DOB: 12-11-63 Place: Middletown, Ohio
Married: Jane
Children: Erin, Garrett, Elsa