Our Accident Prevention in the Workplace Series is a sequence of safety classes designed to prevent accidents in the workplace. In our series, we identify the hazards occurring at your workplace and use these hazards to plan training topics. Preventing injuries in your workplace will save you money by lowering Workers’ Compensation claims. Our series is grouped together in related topics and can be mixed if needed. The APW program is designed so that you can pick your topics from the menu or we can assist you in developing a training plan.

The Accident Prevention in the Workplace “Training Plan” begins with a visit to your company by the NC Industrial Commission Safety Education Section Safety Representative to explain the program. The program consists of three parts:

1. **PLAN**: Involves meeting with Safety personnel and/or safety committees, review of accident history, plant tours, and photography for hazard identification. We will develop a suggested training plan for your workplace.

2. **TRAIN**: The Safety Education Section will schedule a date and time to train at your site.

3. **PREVENT**: This is a program in action! Through the training of hazard identification and accident prevention, the workplace can be free of accidents, therefore reducing Workers’ Compensation claims and costs.

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**Fee Schedule**

- Up to 4 hours / month—$900/year
- Up to 8 hours / month—$1,500/year

For more information, contact your area NCIC Safety Consultant

NC Industrial Commission Safety Section
4339 Mail Service Center
Raleigh, NC 27699-4339
Phone: 919-807-2602
Fax: 919-715-6573

Our mission is to help employers reduce injury to employees through education and training, reduce pain and suffering, and reduce costs resulting from accidents in the workplaces of North Carolina.

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**Accident Prevention in the Workplace**

North Carolina Industrial Commission Safety Education

http://www.ic.nc.gov/safety.html
You choose the most appropriate topics for training in your workplace. Our skilled trainers will work with you to develop a comprehensive training plan. The Series can be completed in day-long sessions or just an hour at a time. You decide what works best for you!

**Series 1**
- Introduction to APW
- Slips, Trips & Falls
- Fall Protection
- Ladder Safety
- Lifting/Back Safety

**Series 2**
- Emergency Action Plan
- Fire Safety & Prevention
- HAZCOM
- Bloodborne Pathogens
- MSDS & Labeling

**Series 3**
- Personal Protective Equipment
- Ergonomics
- Hearing Conservation
- Respiratory Protection
- Job Safety Analysis

**Series 4**
- Electrical Safety Awareness - General
- Lockout / Tagout - General
- Machine Guarding
- Hand & Eye Safety

**Series 5**
- Site Inspections / Hazard Recognition
- Safety Committees
- Accident Investigation
- Safety Attitude
- Safety Rules

**Series 6**
- Electrical Hazards NFPA 70-E
- Lockout / Tagout Applications
- Electrical Safety Awareness - Qualified
- Electrical Test Equipment Safety

**Series 7**
- Woodworking Safety
- Hand Tool Safety
- Welding, Cutting, & Brazing Safety
- Flammable / Combustible Liquids

**Series 8**
- Confined Spaces Attendant, Entrant, & Supervisor Training
- Asbestos Safety Awareness
- Heat Stress
- Cold Stress

**Series 9**
- Forklift Safety
- Platform Lift Equipment Safety
- Battery Safety
- Propane Safety
- Warehouse & Material Handling Safety

**Series 10**
- Tractor & Skid-Steer Safety
- Backhoe Safety
- Trenching & Shoring Safety Awareness
- Confined Spaces Awareness

**Series 11**
- Defensive Driving
- Operation Lifesaver

**Series 12**
- Work Zone Safety

**Alternates**
- Robot Safety
- Chlorine Review
- Chainsaw Safety
- Mower Safety
- Pallet Jack Safety

Don’t see a topic you need? Let us know and we’ll develop a program for you!